

Love 2 Walk

Day	Time	Start location	Class	
Monday	11am - 12pm	Richard Price Centre	Nordic walk	50p
	11am - 12pm	Sheep Sales, Blackmill	Nordic walk	50p
	12 - 1pm	Garw Valley Leisure Centre	Walk - dogs welcome	Free
Tuesday	9.15 - 9.45am	Garw Valley Leisure Centre	Social strollers	Free
	12pm	Various Bridgend walks	Walk	Free
	2 .30- 3.30pm	Maesteg Swimming Pool	Nordic walk	Free
	2.30 - 3.30pm	Evanstown Community Centre	Nordic walk	50p
Wednesday	4 - 5pm	Kenfig Nature Reserve	Nordic walk	Free
	9.30 - 10.30am	Porthcawl Portway car park		Free
	11am - 12pm	Lewistown TRA	Nordic walk	50p
	11 - 11.45am	Pencoed Pool	Nordic walk / walk	Free
Thursday	1 - 2pm	Newbridge Fields	Nordic walk	Free
	10.30 - 11.30am	Garw Valley Leisure Centre	Nordic walking	50p
	11.45am - 12.30pm	Ynysawdre Pool	Nordic walk / walk	Free
	1 - 2pm	Newbrige Fields / Ravens Court	Nordic walk	Free
Friday	5 - 6pm	Ogmore Valley Life Centre	Social strollers	50p
	5 - 6pm	Ogmore Valley Life Centre	Nordic walk	50p
Saturday	10 -11am	Brackla Community Centre	Nordic walk	Free



If you wish to join any of the above classes,
please contact Stuart Martin on : 07967459162

www.bridgend.gov.uk/leisure

